

# THE RIPLEY CROSSING CHRONICLE

## REHAB NEWS

Submitted by: Therapy Department at Healthcare Therapy Services, Inc.



Rehabilitation is an important part of the recovery process. The goal is to help an individual heal and achieve the highest level of independence possible. Physical Therapists (PT), Occupational Therapists (OT), and Speech-Language Pathologists (SLP) all work together to help individuals overcome obstacles and accomplish normal tasks of daily living.

# PHYSICAL, OCCUPATIONAL & SPEECH THERAPY



### Physical Therapy

Physical Therapists help those recovering after an illness, injury, surgery, or chronic condition.

Physical Therapists can help speed up the recovery process by increasing strength and endurance, improving balance and coordination, and reducing pain.



### Occupational Therapy

Occupational Therapists help individuals safely do the things they need and want to do through

the therapeutic use of everyday activities (occupations). The goal is to help individuals participate in meaningful activities, promote safety, and enhance quality of life.



### Speech Therapy

Speech-Language Pathology (Speech Therapy) involves the evaluation and treatment of adults

experiencing trouble with speech, language, cognitive function, and swallowing disorders.

### When Can Therapy Help?

- Joint Replacements
- Post-Orthopedic Surgeries
- Balance & Gait Training
- Arthritis
- Fractures
- CVA (Stroke)
- Lymphedema
- Cardiac Conditions
- Pain Management
- Back & Neck Pain
- Parkinson's
- Neurological Conditions
- Swallowing Disorders
- Generalized Weakness, Decrease in Strength



Most people will require at least one rehabilitation service at some point in their lives, making it important to know the role and benefits of therapy. After therapy, many patients find a renewed sense of confidence and discover that daily tasks are easier and safer to complete. If you or a loved one could benefit from physical, occupational, or speech therapy, speak to your doctor today about treatment options.

*Ripley Crossing*  
 1200 Whitlatch Way  
 Milan, Indiana 47031  
 Phone: (812)-654-2231  
 Fax: (812)-654-2240  
[www.ripleycrossing.com](http://www.ripleycrossing.com)

Trina Johnson  
 Administrator

Becky Robbins  
 Director of Nursing

Sabrina Paddock  
 Assistant Director of Nursing

Abby Moorehead  
 Infection Prevention/  
 Staff Education

Lynne Hutter  
 MDS Coordinator

Amanda Driscoll  
 Therapy Director

Lori Sachleben  
 Social Services/  
 Dementia Coordinator

Tiffany Curry  
 Business Office Manager

Madelynn Roell  
 Admissions Coordinator/  
 Marketing

Robert Russell  
 Maintenance Supervisor

Valerie Bennett  
 Activity Director

Patti Weaver  
 Medical Records

Rhonda Maybrier  
 Dietary Manager

Tricia Doyle  
 Housekeeping/Laundry Supervisor

Rev. Harris Long  
 Facility Chaplain

## *- Upcoming Events -*

12th @ 10:00, Bingo Store

11th @ 1:00, Birthday Bash

23rd @ 10:15, Resident Council

Second Monday @ 6:00 pm, Harmony Group

First Thursday @ 1:30, Catholic Mass

Second Friday @ 2:00, St. Paul Lutheran Church

Every Tuesday @ 3:00, Bible Study w/Tito

Every Thursday @ 1:30, Sing Along w/Louise

First Sunday @ 1:30, Moores Hill Baptist Church

Second Sunday @ 3:00, Adams Lutheran Church

Third Sunday @ 2:00, Milan First Baptist Church

Fourth Sunday @ 3:00, Fairview Baptist Church

*Check out our Calendars at  
[www.ripleycrossing.com](http://www.ripleycrossing.com)  
to see what we have to offer  
on each wing!*

*Come in and volunteer for one of our activities we offer!*

## *- Team Building -*

*Ripley Crossing is a fabulous place to work. What makes this possible is the caring, committed team of co-workers. We would all like to extend our warmest welcome to our new team members! Joining the Nursing Department, Christina York, R.N; Wynonna Metcalf, C.N.A; Alyssa Halterman, C.N.A; & Amelita Evans, C.N.A. We would also like to welcome Rebecca Wahl to the Activities Department. We would like to take this opportunity to thank each one of them for joining our team and sharing their time and talents, making our team even greater.*

## *Activity Spotlight*



With the up coming Holidays, please remember to have any new clothing marked by our Laundry Department. Our lost and found is getting full. If you have a loved one missing clothing, please contact our Laundry Department @ 812-654-2231 (ext. 238)



# CHRISTMAS WORD SEARCH

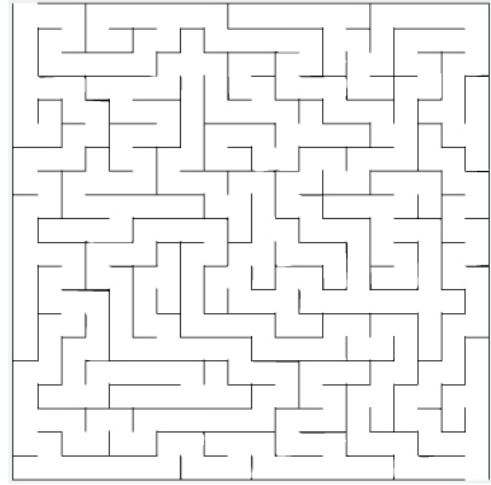
U E L V E S D J K X N H F E N  
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 H Q Q E P M S T O C K I N G Y

- BELLS
- CANDLE
- CELEBRATION
- CHIMNEY
- CHRISTMAS
- DECORATIONS
- ELVES
- FESTIVAL
- GINGERBREAD
- GREETINGS
- HOLIDAY
- MISTLETOE
- NUTCRACKER
- ORNAMENTS
- REINDEER
- SNOWFALL
- STOCKING



 [www.MyPartyGames.com](http://www.MyPartyGames.com)

# Christmas Maze



 [www.MyPartyGames.com](http://www.MyPartyGames.com)

How Many Words Can you make from

# MERRY CHRISTMAS



Using each letter only once, see how many words can you make out of "Merry Christmas". Write as many words as you can.

- |     |       |     |       |
|-----|-------|-----|-------|
| 1.  | _____ | 26. | _____ |
| 2.  | _____ | 27. | _____ |
| 3.  | _____ | 28. | _____ |
| 4.  | _____ | 29. | _____ |
| 5.  | _____ | 30. | _____ |
| 6.  | _____ | 31. | _____ |
| 7.  | _____ | 32. | _____ |
| 8.  | _____ | 33. | _____ |
| 9.  | _____ | 34. | _____ |
| 10. | _____ | 35. | _____ |
| 11. | _____ | 36. | _____ |
| 12. | _____ | 37. | _____ |
| 13. | _____ | 38. | _____ |
| 14. | _____ | 39. | _____ |
| 15. | _____ | 40. | _____ |
| 16. | _____ | 41. | _____ |
| 17. | _____ | 42. | _____ |
| 18. | _____ | 43. | _____ |
| 19. | _____ | 44. | _____ |
| 20. | _____ | 45. | _____ |
| 21. | _____ | 46. | _____ |
| 22. | _____ | 47. | _____ |
| 23. | _____ | 48. | _____ |
| 24. | _____ | 49. | _____ |
| 25. | _____ | 50. | _____ |

 [www.MyPartyGames.com](http://www.MyPartyGames.com)

# Christmas Songs Scramble Puzzle



1. TIEHW IRMCASSHT
2. LNJIEG ELSBL
3. STLA IRTSASHCM
4. HLISGE EIRD
5. A OHLYL OLJYL TCHSISRAM
6. LJEGNI LEBL CRKO
7. ATSAN ELTL EM
8. LI'L EB OEMH RFO HMASASRT
9. ATSAN LCSAU SI MCIIGN OT NOTW
10. T'SI ETH SMTO RENDULFOW EITM
11. SEEALP OEMH OEMH RFO MHSISTACR
12. OKRIN'C OUARDN ETH SIMTRAHCS ETER
13. OD HTYE NKWO TIS IHTMSASCR?
14. LAL I NATW RFO RHIMTCASS SI UYO
15. TPSE TION IHTRASMCS
16. RSFTYO EHT MSANNWO
17. SJTU ILEK RITHMASSC
18. I WAS MMMYO ISNIKGS TAANS UC SLA
19. LIBVEEE
20. BBYA T'SI LCDO STIDEUO

 [www.MyPartyGames.com](http://www.MyPartyGames.com)

# CELEBRATIONS AND MILESTONES

## Resident Birthdays

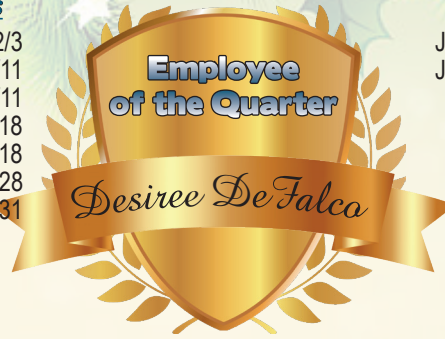
Rosalie Wagner 12/2  
Kenneth Gutapfel 12/3  
Bernetta Dobson 12/4  
Betty Morton 12/21

## Employee Birthdays

Angel Stegman 12/3  
Michaela Scudder 12/11  
Jennifer Haney-Dixon 12/11  
Brenda Carter 12/18  
Deborah Sever 12/18  
Sarah Collins 12/28  
Brittany Sizemore 12/31

## Employee Anniversaries

Jane Volz 2 yrs  
Janice Vaughn 1 yr



## CLERGY

Our facility chaplain Rev. Harris Long is available to staff, residents, and families who may need his assistance. Please call 812-654-2231 to set up an appointment or for more information.

The Eucharist of Anointing of the sick is administered by the priest on the first and third Thursday of every month to all Catholic residents at Ripley Crossing. The prayers ask for God's healing physically, spiritually, and mentally. The sacrament offers a special grace to calm the spirit. The elderly and those with chronic pain and suffering, can and should be anointed often. This sacrament, sometimes referred to as the Last Rites or Extreme Unction, helps prepare a person for death, if and when God wills it.

\*Activity Calendars are always available at the front desk for each wing. Please feel free to help yourself!

\*We are always looking for new and exciting ways to highlight our residents and their families.

Check out our Family Feedback stories on [www.ripleycrossing.com](http://www.ripleycrossing.com) and let us know if you'd like your loved one added! Call Valerie Bennett @ 812-654-2231 or e-mail [activities@ripleycrossing.com](mailto:activities@ripleycrossing.com)



Like us on Facebook & visit our website at [www.ripleycrossing.com](http://www.ripleycrossing.com)

**RIPLEY CROSSING BRINGS YOU THE NEWS**

Ripley Crossing  
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Milan, Indiana 47031

PLACE  
STAMP  
HERE